

About SAP

**Primarily funded by the
North Shore United Way.**

The Student Assistance Program (SAP) was carefully developed as a preventative measure to help students, families, and school personnel support students who face learning barriers due to life challenges or substance abuse. Through school-based intervention and support, SAP strives to minimize these obstacles in order to encourage and enable students' academic and behavioral success.

Services

1. Assessment
2. One-to-one Counseling and Drop-In Support
3. Peer and Group Counseling
4. Supported Referrals
5. Consultation to Schools, Parents, Community
6. Classroom Presentations

For more information please call:

978.968.1700 P

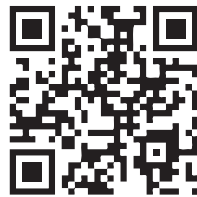
About Lahey Health Behavioral Services

We provide a range of outpatient, inpatient and residential care, including mental health clinics; addiction treatment; family services; mobile crisis teams; psychiatric treatment and school-based programs for children and teens.

**We serve communities
in Greater Boston,
the North Shore and
the Merrimack Valley,
Massachusetts.**

978.968.1700 P

Zero Centennial Drive
Peabody, MA 01960
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**Scan with smart phone to
access our website.**

NebHealth.org

 **Lahey Health
Behavioral Services**

Student Assistance Program (SAP)



Student Assistance Program (SAP)

Support and intervention services for students who are experiencing academic, social or behavioral challenges.



Potential reasons for referral to SAP include:

- Suspected or confirmed substance use or abuse
- Depression, anxiety, or mood changes
- School adjustment issues
- Peer relationship concerns
- Neglected physical appearance or hygiene
- Inability or refusal to follow curfew
- Secretive phone calls or computer use
- Change in relationships with family or friends
- Sullen or withdrawn, hostile, angry, or uncooperative behavior
- Frequent delinquency from school
- Loss of interest in school or activities
- Sudden or dramatic weight loss or gain
- Missing money or possessions
- Possession of drugs or drug paraphernalia

Referral Information

Students who attend the following schools may be referred to SAP:

- Beverly High School
- Briscoe Middle School (Beverly)
- Hamilton-Wenham High School
- Ipswich High School
- Gloucester High School
- O'Maley Middle School (Gloucester)
- Rockport Middle and High School

Who can make referrals?

Anyone can make a referral: the student him or herself, friends, parents, peers, faculty, administration, school nurses, guidance counselors, or any concerned individuals. The SAP counselor will then obtain parental consent and meet privately with the student (and, when appropriate, parents and/or faculty) to discuss strengths, needs, and barriers to success. Finally, a carefully individualized plan is developed and implemented in order to best address any concerns or obstacles.

How can we help?

The Student Assistance Program is funded primarily by the North Shore United Way, and there is no charge to participants. Additional funding has been provided by the Greater Boston Council on Alcoholism and the Foundation for Alcohol Education.

Your SAP provider is:

Name

Location

Phone

