

# Lahey Health Behavioral Services LIST OF SERVICES

1	Ambulatory (Outpatient) Services	Insurances	Population(s) Served	Hours of Operation	Services Offered	Phone Number	Street Address	Intake Criteria
Outpatient Mental Health Counseling	Beverly Clinic	Accepts most insurances, including MassHealth. Cigna not accepted. Sliding scale fee sometimes available. Open access, walk-in hours. Call clinic for days and hours for walk-in patients.	Children, adolescents, adults and families. Outpatient counseling and psychiatric services for mental health and substance abuse for children, adolescents, adults and families	Monday–Thursday 9am–9pm Friday 9am–5pm  Call the clinic for evening, Saturday and walk-in hours, where available.	Office-based Individual, family, couples, and group counseling, Outreach Individual and family counseling, Individual and group counseling with a focus on substance abuse, IOP, Vivitrol, Eating disorders	978.921.1190  Admissions: x 7192	800 Cummings Center, Suite 266 T Beverly, MA 01915	Appropriately stable for outpatient level of care
	Lawrence Clinic	Most insurances including MassHealth. Cigna not accepted. Open access, walk-in hours. Call the clinic for days and hours for walk-in patients.	Children, adolescents, addictions, adults and families, LGBT and Spanish speaking. Outpatient Mental Health Clinic offering individual, family, couple, and group therapy, serving adults and children. Psychiatric services for adults (Referrals available for children).	Monday–Thursday 8am–8pm Friday 8am–5pm  Call the clinic for evening, Saturday and walk-in hours, where available.	Office-based Individual, family, couple, and group therapy for adults and children. Psychiatric services for adults (Referrals available for children). Limited school-based individual therapy for children. Groups offered: youth social skills; adult wellness (English and Spanish-speaking); adult mindfulness and relaxation skills; and adult DBT.	978.683.3128  Admissions: x 3	12 Methuen Street Lawrence, MA	Appropriately stable for outpatient level of care

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Outpatient Mental Health & Substance Use Counseling	Gloucester Clinic	All insurances except Cigna, Accepts MassHealth.	Children, adults & families Outpatient Counseling and Psychiatric Services for Mental Health and Substance Abuse for children, adolescents, adults and families. Methadone treatment program available.	Monday–Thursday 8am–8pm Friday 8am–6pm  Call the clinic for evening, Saturday and walk-in hours, where available.	Individual, couples & family counseling and substance use counseling. Medication clinic available to clients who are in therapy referred by their therapist. Methadone treatment program available.	978.283.0296  Admissions: x 221	298 Washington Street Gloucester, MA 01930	Appropriately stable for outpatient level of care
	Salem Clinic	Private insurance, Medicaid and Medicare, private pay and limited free care w/ interns	Children, adolescents, adults, couples. Community Behavioral Health Clinic that serves a diverse clientele in a variety of settings (clinic, home, school, community) for children, adolescents, adults & couples. Medication Clinic for adults 18+	Monday–Thursday 8am–7pm Friday 8am–5pm  Call the clinic for evening, Saturday and walk-in hours, where available.	Individual, group, family, couples therapy, medication prescription/management and outreach services to schools & the home. Group topics include Health & Wellness, Anger Management, and Medication Management. Interns offer school-based groups.	978.745.2440  Admissions: 978.745.2440, x 2	41 Mason Street, Suite 1 Salem, MA 01970	Appropriately stable for outpatient level of care
Adult Behavioral Learning Centers	Adult Behavioral Learning Centers (Haverhill & Salem)		Mentally ill adults with/without substance abuse issues. 5-day per week recovery and rehabilitation oriented program designed to assist adults 18+ who suffer from life-altering consequences of mental illness. Client must have a primary psychiatric diagnosis.	Monday–Friday 9:00am– 2:30pm	Group therapy models employing dialectical behavioral therapy (DBT), motivational interviewing, mindfulness based cognitive therapy (CBT), psycho-social rehabilitation and substance use education and treatment. Community based activities including vocational pursuits, family support, educational assistance, volunteer work, peer leadership training and system meetings for men and women 18+.	Haverhill: 978.373.9158  Salem: 978.524.7133	Cornerstone Adult Behavioral Learning Center 200 Main St., Suite F Haverhill, MA 01830  Cape Ann Adult Behavioral Learning Center 35 Congress Street, Shetland Park, Building #2, Rear, Third Floor, Suite 2351A Salem, MA 01970	Must have a primary psychiatric (mental health) diagnosis, 18+ years and capable of participating in a respectful, adult oriented community. Symptoms must be managed well enough to allow for participation in a busy, highly interactive community for 6 hours per day, five days per week.

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	OBRA	Federal financial participation through DMH	Any individual with major mental illness seeking nursing home placement in MA.	Monday–Friday 8am–4:30pm	Assessment of individuals with major mental illness for men and women 18+	978.524.7100  Admissions: 978.867.7813		Major mental illness and desire to reside in nursing home in MA
	VOCAL (Victims of Crime and Loss)	Free. Supported by VOCA DOJ funding.		Monday–Thursday 8am–6:30pm Friday 8am–5pm	Adults, teens and children. Specialized therapies and support for adult victims of crime and trauma, including but not limited to homicide, assault, sexual assault, and domestic violence	978.927.4506 ext. 2	800 The Cummings Center, Suite 266T Beverly MA 01915	Must be victim of crime.  Does not need to have court involvement.
2	Addiction Treatment Services	Insurance Referral	Population(s) Served/ Description	Hours of Operation	Services Offered	Phone Number	Street Address	Intake Criteria
	Community Support Program (CSP) (Adult men and women)	MassHealth	Connections and referrals to community-based mental health or substance use treatment	Monday–Friday 9am–9pm	Transportation to and from therapy or medical appointments, care coordination between providers and collateral contacts with involved family members, friends and other agencies.  Monitoring / encouraging medication and treatment, crisis planning & intervention, and offering emotional support. Assistance in completing housing applications, applying for benefits/entitlements and identifying appropriate community resources & State agencies	978.338.1726	800 Cummings Center, Suite 364U Beverly, MA 01915	The client must have been in an acute/24 hr LOC within the past 6 months including, psych hospital, medical hospital, ATS/detox, CCS, CSS, residential, etc. Or, the client must have documented risk for current behavioral health hospitalization, such as accessing higher LOC including, PHP, IOP, SOAP, etc.

2	Addiction Treatment Services	Insurance Referral	Population(s) Served/Description	Hours of Operation	Services Offered	Phone Number	Street Address	Intake Criteria
Detoxification Treatment Centers	Boston Treatment Center (inpatient detoxification)	All	Adult men and women 50-bed inpatient detoxification and treatment service for men and women who needs detoxification from alcohol, opiates and benzodiazepines	24/7	Medically monitored detox, daily psycho-educational groups and 12-step commitments. Psycho-social assessments with residential and outpatient referrals for aftercare	617.247.1001 Admissions: 617.247.1002	784 Mass Ave., Boston, MA	Need medical detoxification from illicit substances or alcohol. Men and women. 18 years or older.
	Danvers Treatment Center (inpatient detoxification)	All	Adult men and women 50-bed inpatient detoxification and treatment service for men and women who needs detoxification from alcohol, opiates and benzodiazepines	24/7	Medically monitored detox, daily psycho-educational groups and 12-step commitments. Psycho-social assessments with residential and outpatient referrals for aftercare	978.777.2121 Admissions: 978.739.7650	111 Middleton Rd., Danvers, MA 01923	Need medical detoxification from illicit substances or alcohol. Men and women. 18 years or older.
	Tewksbury Treatment Center (inpatient detoxification)	All	Adult men and women 50-bed inpatient detoxification and treatment service for men and women who needs detoxification from alcohol, opiates and benzodiazepines	24/7	Medically monitored detox, daily psycho-educational groups and 12-step commitments. Psycho-social assessments with residential and outpatient referrals for aftercare	978.259.7000	365 East Street PO Box 837 Tewksbury, MA	Need medical detoxification from illicit drugs or alcohol. Men and women 18 years or older.
Outpatient Methadone	Danvers OTP (Outpatient Methadone)  Call for same-day enrollment hours and days.	Insurance, self-pay and DPH funding	Medication-assisted treatment and counseling for adult opiate users	Dosing is from 5:45–7:45am, M–F. Weekends and holiday hours are 6:15–9:30am. Hours of operation for therapy are 7a–8p typically, Fridays end earlier.	Group and individual therapy, family therapy, health and wellness education, free HIV testing, medication administration and counseling, annual physical evaluations and lab work, drug testing, first aid, medical consultations, monthly pregnancy visits and transportation and financial aid	978.777.2121 Admissions: 978.739.7677  Now offering same-day intake and treatment start on Mondays and Wednesdays. Call for more information.	111 Middleton Rd., Danvers, MA 01923	Must have documented history of opiate dependence greater than one year to be eligible for maintenance program.

2	Addiction Treatment Services	Insurance Referral	Population(s) Served/ Description	Hours of Operation	Services Offered	Phone Number	Street Address	Intake Criteria
Outpatient Methadone	Gloucester OTP (Outpatient Methadone)	Insurance, self-pay and DPH funding	Medication-assisted treatment and counseling for adult opiate users	Dosing is from 5:45–7:45am, M–F. Weekends and holiday hours are 6:15–9:30am. Hours of operation for therapy are 7am–8pm typically, Fridays end earlier.	Group and individual therapy, family therapy, health and wellness education, free HIV testing, medication administration and counseling, annual physical evaluations and lab work, drug testing, first aid, medical consultations, monthly pregnancy visits and transportation and financial aid	978.283.0296	298 Washington St. Gloucester, MA 01930	Must have documented history of opiate dependence greater than one year to be eligible for maintenance program.
	Outpatient Discover Program, Gloucester (outpatient substance use treatment)	All	Adults with substance use or addictive disorders Consists of psychoeducational & skill building groups, group psychotherapy.	8am–4:30pm Monday–Friday	5 groups per day. Recovery based model. Support for post PHP referrals when needed	978.283.4000 x422  Admissions: 781.477.6940	298 Washington St. Gloucester, MA 01930	Primary diagnosis must be substance use or addictive disorder
Residential Substance Use Care	Clinical Stabilization Services (CSS) (Residential, Danvers)	Most major credit cards, private insurance, Medicaid and Medicare. Sliding fee scale available	Men and women with substance abuse histories and multiple attempts in treatment Short-term (10–14 days) residential post detoxification intensive treatment program for clients who need a transitional phase between detox and long term care	24/7	Medically monitored detox, group and individual counseling, risk assessment for TB, sexually transmitted diseases and HIV/AIDS, HIV Education, case management and after-care follow up services	978.777.2121  Admissions: 978.739.7621	111 Middleton Rd. Danvers, MA 01923	Medical or psychiatric clearance if identified with screener, diagnosis of substance use dependence and in need of stabilization, insurance authorization, all medication in clearly marked bottles or scripts to be filed. All require one refill
	Ryan House (Residential, Lynn) (Adult men and women)	BSAS-DPH	Treatment focused halfway house for those seeking recovery from addiction and related mental health issues.	24/7	Case management and group & individual counseling	781.593.9434  Admissions: x 226 or 219	100-110 Green Street Lynn, MA 01902	Client must be fully detoxed from all mind altering chemicals & provide a clean urine screen

2	Addiction Treatment Services	Insurance Referral	Population(s) Served/ Description	Hours of Operation	Services Offered	Phone Number	Street Address	Intake Criteria
Residential Substance Use Care	Transitional Support Services (TSS) (Residential, Lynn) (Men only)	BSAS-DPH	Short-term post detoxification recovery residential home for men and women awaiting placement in a halfway house	24/7	Case management and group & individual counseling	781.593.9434 Admissions: x 226 or 219	100-110 Green Street Lynn, MA 01902	Clients must be referred from either a detox or CSS shelter and be willing to find further placement
	Hart House (Residential, Tewksbury) (Women and children only)	Contract with DPH	Residential recovery home for women and their children	24/7	Individual, group & family therapy, case management parenting education & support	978.851.0969 Admissions: 617.661.3991	365 East Street, Hall IV Tewksbury, MA	A woman who is pregnant, has a child living with her or is being reunited with a child within 30 days
	Transitions (Residential, Tewksbury) (Men only)	N/A	Short-term residential recovery home for adult men awaiting placement in a halfway house	24/7	Clinical and self help meetings, individual and group therapy, case management, outside AA/NA meetings and commitments	978.856.4280	365 East Street PO Box 837 Tewksbury, MA	Intake packet (including psych-social, TB screening form) must be submitted, incoming clients must be alcohol and drug free
3	Children and Youth Services	Insurances	Population Served/ Description	Hours of Operation	Services Offered	Phone Number	Street Address	Intake Criteria
	Hill House (Youth residential, Ipswich) (Boys and girls, 12-18)	MBHP, Beacon, BCBS	Short-Term Co-ed Community Based Acute Treatment (CBAT) Program for teens aged 12-18. Treatment and stabilization is provided in a structured setting. Insurance based	24/7	Individual, family and group therapy with a psychiatrist present three times a week. All staff are trauma informed, Sanctuary trained and clinicians are TLC trained and have art and music therapy	978.356.9321	35 Mitchell Rd. Ipswich, MA 01938	In need of services
	Solstice/Solstice Day School (Youth Residential, Rowley)	School: Education District	Fully-accredited specialized day school that works with students grades 7-12 (age 13-21yrs) who have learning, mental health or behavior issues.	24/7	Individual and family therapy, Vocation skills and training, Community based support, Monthly support groups for parents. Diploma from home school district	978.948.2346	20 Bowlerly Dr. Rowley, MA	School: The youth has to have an IEP in place

3	Children and Youth Services	Insurances	Population Served/ Description	Hours of Operation	Services Offered	Phone Number	Street Address	Intake Criteria
	CSA (Community Service Agency) Beverly	MassHealth	Youth with a diagnosable behavioral or emotional disorder which significantly interferes with functioning in family, school or community. Intensive Care Coordination:	Office: 9am–5pm Services: 8am–8pm On-call: 8pm-8am	Intensive Care Coordination and Family Support and Training for youth up to 21 yrs	978.998.3601  Admissions: 978.922.0025	800 Cummings Center, Suite 364U Beverly, MA	Serious Emotional Disturbance as defined by CANS tool. A need for therapy more intensive than outpatient alone. Consent from family is needed
	CSA (Community Service Agency) Haverhill	MassHealth	High fidelity wraparound service Family Support and Training: Parent partner coaches and supports parents in goals identified for benefit of the youth.	Office: 9am–5pm Services: 8am–8pm On-call: 8pm-8am	Intensive Care Coordination and Family Support and Training for youth up to 21 yrs	978.374.0414	26 Parkridge Rd., Suite 2B Haverhill, MA 01835	Serious Emotional Disturbance as defined by CANS tool. A need for therapy more intensive than outpatient alone. Consent from family is needed
	Access STARR (Youth residential, Salem)	DCF	Ages 13–18 Co-ed No eject or reject (on occasion will accept 12 yr old with waiver from DEEC). 12 Bed rapid re-integration program for girls and boys 13–18 yrs and families. Sponsored through Salem DCF office.	24/7	Helps families in crisis or conflict to identify solutions within themselves and resources within the community to ensure reunification.	978.744.4235	39½ Mason St. Salem, MA 01970	DCF referral only. Which includes the prescreen form containing all pertinent info

3	Children and Youth Services	Insurances	Population Served/ Description	Hours of Operation	Services Offered	Phone Number	Street Address	Intake Criteria
	Adolescent Residential (Youth residential, Danvers)	DPH & BSAS	15 bed residential treatment program for adolescent boys 12–18 yrs struggling with substance use. Mental health issues, legal issues, social/family issues are also addressed.	24/7	Individual, family and group therapy, pet therapy, recreational therapy, educational tutoring, collaboration with community providers and psychopharm. Relapse prevention, anger management, adolescent identity, managing emotions, music therapy, 12 step and tobacco education offered in group setting	978.739.7615 Admissions: 617.661.3991	111 Middleton Rd., Danvers, MA 01923	Receive referral, client has current substance use assessment, copy of insurance and social security card, and complete some pre admission paperwork
	ALP	Referrals via police departments	Youth from Northeast, Metro and Boston area. Non-Secure Alternative to Lockup Program for youth awaiting court appearance	24/7	Transportation, overnight & weekend shelter for youth awaiting court appearances. DCF oversees this contract, which is federally funded through the Juvenile Justice and Delinquency Prevention Act	877.457.3210	39½ Mason St. Salem, MA 01970	Referred by police ages 11–17 that are not experiencing mental or medical crisis
	In Home Therapy, Beverly	MassHealth	Youth with a diagnosable behavioral or emotional disorder which significantly interferes with functioning in family, school or community. In Home Family Therapy with a MA level Clinician	Office 9am–5pm Services 8am–8pm On-call 8pm–8am	In Home Family Therapy.	978.998.3685	800 Cummings Center, Suite 364 U Beverly, MA 01915	Serious Emotional Disturbance as defined by CANS tool. A need for therapy more intensive than outpatient alone. Consent from family is needed.
	In Home Therapy, Haverhill	MassHealth	Youth with a diagnosable behavioral or emotional disorder which significantly interferes with functioning in family, school or community. In Home Family Therapy with a MA level Clinician	Office M-Th. 8am–8pm F 8am–5pm Services 8am–8pm On-call 8pm–8am	In Home Family Therapy	978.373.3086	26 Parkridge Rd., Suite 2B Haverhill, MA 01835	Serious Emotional Disturbance as defined by CANS tool. A need for therapy more intensive than outpatient alone. Consent from family is needed.



3	Children and Youth Services	Insurances	Population Served/ Description	Hours of Operation	Services Offered	Phone Number	Street Address	Intake Criteria
	In Home Therapy, Lawrence/Lowell	MassHealth	Youth with a diagnosable behavioral or emotional disorder which significantly interferes with functioning in family, school or community. In Home Family Therapy with a MA level Clinician	Office 9am–5pm Services 8am–8pm On- call 8pm-8am	In Home Family Therapy	978.620.1795	12 Methuen Street Lawrence, MA	Serious Emotional Disturbance as defined by CANS tool. A need for therapy more intensive than outpatient alone. Consent from family is needed.
	Family Networks Lynn & Cape Ann	DCF	Serves DCF involved families only. Connects families being served with needed services	8:30am–5pm	Connects families being served with residential, FIRST team, respite, etc.	781.477.1633	330 Lynnway, 2nd floor, Lynn 45 Congress Street, Building 4, Salem	Open DCF case
	Student Assistance Program	Free to students in participating schools.	School-based program that provides support and intervention services to middle & high school students	School hours	Counseling on an as-needed basis or a regular basis for middle school and high school students	978.998.3682	800 Cummings Center, Suite 364 U Beverly, MA 01915	Any student experiencing barriers to learning due to life challenges or substance abuse.
	Team 14	The program is free of charge thanks to a grant from The Peter & Elizabeth C. Tower Foundation.	We work with adolescents age 12–25 and their caregivers who live on the North Shore of Boston	Office 9am–5pm Services: 8am–8pm	Will screen, provide brief intervention, refer to treatment and/or provide short-term navigation support. Consultation and education to providers and community.	978.998.3682  Admissions: 978.867.7137	800 Cummings Center, Suite 364 U Beverly, MA 01915	This program is voluntary. There must be a substance use identified need by a parent/caregiver or youth.

4	Emergency Services, including mobile crisis teams	Insurances	Population Served/ Description	Hours of Operation	Services Offered	Phone Number	Street Address	Intake Criteria
Emergency Psychiatric Services	Haverhill ESP (Emergency Services)	All, including free care/self pay	24 hour mobile crisis team that offers emergency psychiatric assessments to determine what service could benefit the person served, as well as intervention and stabilization services	24/7	Emergency psychiatric assessment to determine what services could benefit patient. Services offered to both children and adults. Also serves local hospital emergency rooms.	978.521.7777 Admissions: 978.521.7767	62 Brown St., Suite 305 Haverhill, MA 01830	Any type of psychiatric or substance abuse related emergency
	Lawrence ESP/CCS (Emergency Services & Crisis Stabilization)	All	24 hour mobile crisis team that offers emergency psychiatric assessments to determine what service could benefit the person served, as well as intervention and stabilization services	24/7	Emergency psychiatric assessment to determine what services could benefit patient. Services offered to both children and adults. Also serves local hospital emergency rooms.	978.620.1250	12 Methuen Street Lawrence, MA	Any type of psychiatric or substance abuse related emergency
	Lowell ESP/CCS (Emergency Services & Crisis Stabilization)	All	24 hour mobile crisis team that offers emergency psychiatric assessments to determine what service could benefit the person served, as well as intervention and stabilization services	24/7	Emergency psychiatric assessment to determine what services could benefit patient. Services offered to both children and adults. Also serves local hospital emergency rooms.	978.322.5120	391 Varnum Ave Lowell, MA	Any type of psychiatric or substance abuse related emergency
	North Essex ESP/CCS (Emergency Services & Crisis Stabilization)	All	24 hour mobile crisis team that offers emergency psychiatric assessments to determine what service could benefit the person served, as well as intervention and stabilization services	24/7	Emergency psychiatric assessment to determine what services could benefit patient. Services offered to both children and adults. Also serves local hospital emergency rooms.	978.744.1585	41 Mason Street, Unit 4, Salem, MA	Any type of psychiatric or substance abuse related emergency

5	Inpatient	Insurances	Population Served/ Description	Hours of Operation	Services Offered	Phone Number	Street Address	Intake Criteria
	Beverly Hospital – Leland Unit Beverly, MA (Adult psychiatric care)	All insurances including Tufts	Anyone meeting hospital level of care. 18 be adult inpatient psychi- atric unit located in a general community hospital.	24/7	Provides acute care to patients 18 to elderly. Provides inpatient ECT treat- ment, mental health stabiliza- tion and substance abuse detox	978.922.3000 x 2800  Admissions: 781.599.9200	85 Herrick St. Beverly, MA 01915	Must meet hospital level of care
	Beverly Hospital – Partial Hospitalization Beverly, MA	Most insurances, MBHP not accepted presently	Adults w/ mental health &/or substance use disorders Intakes are scheduled for 8am. Group Program starts at 9am & run until 3pm. Consists of psychoeducational & skill building groups, group psychotherapy.	8:00-4:30 M–F	5 groups per day. Recovery based model. Support for post PHP referrals when needed	978.816.2812	85 Herrick St. Beverly, MA 01915	Clients need to be able to participate in group treatment & maintain personal safety
	Bayridge Hospital Lynn, MA (62-bed psychiatric hospital)	All insurances	Anyone meeting hospital level of care. 62 Beds Psychiatric hospital that offers continuum of chemical dependency and psychiatric services on an inpatient, partial hospitaliza- tion and outpatient basis.	24/7	Acute inpatient	781.477.6940	60 Granite St. Lynn, MA 01902	Must meet hospital level of care
	Bayridge Hospital – Partial Hospitalization Program (PHP) Lynn, MA	Most insurances	Adults w/ mental health &/or substance use disorders Group Program starts at 8:30 am & runs until 2:30 pm. Consists of psychoeducational & skill building groups, group psychotherapy.	8:00-4:30 M–F	5 groups per day DBT track Dual Recovery track	781.477.6940	60 Granite St. Lynn, MA 01902	Clients need to be able to participate in group treatment & maintain personal safety
	Senior Adult Unit (SAU)	All	Anyone meeting hospital level of care	24/7	Acute Inpatient	978.283.4000	Admissions: 781.477.6940 298 Washington St., Gloucester, MA 01930	Must meet hospital level of care